When you want to play with Promise related asynchronous functions, use .then() or async await.

When you are fetching any api, you may or may not store it in a variable.

Always remember to .json it to parse it into json format.

Express helps in creating a http server.

Jsonwebtokens helps in creating jwts.

Mongoose helps in connecting the server to the database.

In try-catch , if there is an error and the flow of code goes to the catch, then the program will run after that.

Try using try catch for jwt.verify because there will be an error in the program flow if the jwt.verify is unsuccessful.